



SERVICES FOR EDUCATION

If, like many Primary schools, you have a number of staff that are excellent classroom teachers, but are perhaps reluctant or unconfident in their PE delivery, or would simply like to improve the physical literacy of your pupils, it may be time to consider the benefits of bringing PE specialists in to your school.

The benefits are numerous:

1. The pupils are engaged in PE by an enthusiastic sporting role model
2. The Physical Literacy of the pupils is assessed constantly, with two recorded assessments each year giving schools a development map for each child
3. Where required, Teachers are supported in their CPD by qualified sports coaches and gain ideas for their own delivery and the confidence to try new activities
4. As standards in PE rise, it can be expected that the attainment of the school sporting performance as a whole improves
5. The school demonstrates to parents and other stakeholders that it recognises the importance of the Physical Education as a key part of it's commitment to pupils
6. Total Sports Coaching provides cover coaches of the same standard should a PE coach be unavailable through illness etc.
7. By working with Total Sports Coaching rather than employing a member of staff in to the role, the school saves on the associated fixed costs of permanent staff
8. The PE coach can access the bank of TSC coaches to provide and co-ordinate extra curricular activities for the school in conjunction with the PLT and SScO team.

We work with a number of education professionals who share our belief that PE in Primary schools needs to be re-evaluated. We know that we can make a real difference at the stage in a child's life that matters most in deciding whether they adopt a healthy and active lifestyle.

We have created a range of PE packages and support services for schools , details of which can be found on the following pages.

Total Sports Coaching is:

OFSTED registered

QISS accredited (Quality in Study Support)

Accredited Sports Leaders Qualification & Coach education Centre

Accredited 1st4Sports Qualification & Coach education Centre

All Total Sports Coaches:

- Hold Enhance CRB disclosures
- Attend emergency aid, child protection and behaviour management training

All Total Sports Coaching sessions:

- All curriculum lessons are carried out to QCA Schemes of work
- Delivered to lesson plans developed by education and sports professionals



Services For Education Partners

Support Item	Schedule		Per coach per session
SPORTS & PE SUPPORT PACKAGES			
Package 1 In curriculum PE	Morning (3 hours) AM Session for KS1	38 week programme to include the following schemes of work and topics covered. Games Unit, Fundamentals of Movement, Multiskills, Primary Fitness and Agility Test and Introduction to Invasions Games and Net & Wall Games. Assessments and Recordings are carried out once per year.	£60.00
Package 2 In curriculum PE	Afternoon (2 hours) PM session for KS2	38 week programme to include the following Schemes of work, Invasion Games, Striking and Fielding, Net & Wall Games, Games Unit and Athletics Unit. Also included are Primary Fitness and Agility Test and Assessments and recordings are carried out once per year.	£50.00
Package 1&2 combined			£100.00
DANCE, GYMNASTICS AND PERFORMANCE COACHING PACKAGES			
Package 3 In curriculum Movement & Dance	Morning (3 hours) AM Session for KS1	6 week programme of movement and dance to improve the core fundamentals of physical literacy - designed to meet the abilities and capabilities of KS1 children	£60.00
Package 4 In curriculum Movement & Dance	Afternoon (2 hours) PM Session for KS2	6 week programme of movement and dance to improve the core fundamentals of physical literacy - designed to meet the abilities and capabilities of KS2 children	£50.00
Package 3&4 combined			£100.00
Package 5 Performance Dance and Drama	Morning (3hours) AM Session for KS1	A six week development programme culminating in a class performance in week 6	£60.00
Package 6 Performance Dance and Drama	Afternoon (2hours) AM Session for KS1	A six week development programme culminating in a class performance in week 6	£50.00
Package 5&6 combined			£100.00
Package 7 In curriculum Gymnastics	Morning (3 hours) AM session for KS1	6 week programme with Gymnastics delivered by Gymnastics specialist	£90.00
Package 8 In curriculum Gymnastics	Afternoon (2 hours) PM session for KS2	6 week programme with Gymnastics delivered by Gymnastics specialist	£60.00
Package 7&8 combined			£130.00
ORIENTEERING & OUTDOOR AND ADVENTUROUS PE SUPPORT PACKAGES			
Package 9 In curriculum Orienteering Scheme	Morning (3 hours) AM session for KS1	A 6 week scheme of work designed to give KS1 children a gentle introduction to mapping and orienteering skills. Helps to improve and encourage teamwork, information gathering, listening skills and can be used to deliver a range of cross curricular activities.	£90.00
Package 10 In curriculum Outdoor & Adventurous Scheme	Afternoon (2 hours) PM session for KS2	A 6 week scheme of work orienteering skills covering the Outdoor and Adventurous activities programme from the national curriculum for Key stage 2.	£60.00
Package 9&10 combined			£130.00



1st4sport Qualifications
the awarding body for active learning and leisure



OUT OF HOURS LEARNING (OOHL) CLUBS

Lunch Club	Sports club £25* Dance £25* Gymnastics* £30
Afterschool	Sports club £25* Dance £25* Gymnastics* £30

*When OOHL clubs are booked in conjunction with any package, the club price is reduced by £5 per session, clubs are 14 participants per coach, alternatively TSC can charge the parents for the clubs at £3 per session and will handle marketing and administration

Holiday Clubs - Multisports or Dance, can be arranged at your venue. Price is £10 per day (9am-3pm) per child

QUALIFICATIONS FOR YOUNG PEOPLE

Young Sports Leaders	10 hour course designed to provide young people with enough knowledge to be playtime leaders for younger children. This course is delivered in 5 x 2 hour sessions	9-13	maximum of 30 in a group	£300.00
Sports Leaders Award Level 1	30 hours of tutored learning to gain nationally recognised qualification as an assistant coach	14+	per candidate	£90.00

*Other qualifications are available - please request a TSC Qualifications pack for further information

ADDITIONAL SERVICES

TSC HOTSHOTS	Opportunity for schools to raise significant funds through a fun, inclusive sporting sponsored event - we provide all marketing support materials and a simple process to follow *price listed is for a single entry primary school for a morning (3 hour session)	£300.00*
SPORTS DAYS	Traditional school sports day afternoon	£200.00
ACTING PLT	Have a TSC coach represent your school within the partnership, organising and recording PESSYP, Gifted and Talented and entry to Family and Partnership competitions.	£800.00 per annum
GIFTED & TALENTED	Level2 (equivalent or above) qualified coach for KS3 or 4 sessions	£30.00 per coach per hour

As a company we are dedicated to helping schools and our other partners to improve the provision of physical activities to young people, therefore if there is a specific need you have, or a service you would like to discuss which is not included in this list, please simply let us know.

Total Sports Coaching (TSC) Terms and conditions

Prices quoted are for one TSC coach, who must be supported by a second TSC coach (at the appropriate additional cost) or by an appropriately qualified member of school staff. This is in line with current child protection advice and the TSC good practice policy of working to a ratio of 1 adult to 16 children.

Prices are subject to change, but once an order is placed, the agreed price will be honoured for the duration of the contract.

TSC operates to strict policies in accordance with Health and Safety, Child protection, Risk assessment guidance and in line with its Insurance policy. A full list of TSC terms and conditions is available on request

A TSC service level agreement must be signed and returned to TSC prior to any sessions taking place. This will be sent to a school within an introductory pack once an order is placed.

Total Sports Coaching, College Grove Stadium, Eastmoor Road, Wakefield WF1 3RR

Call: 01133226115 Email: info@totalsportscoaching.co.uk Web: www.totalsportscoaching.co.uk



TSC™ credentials



Total Sports Coaching™ Fitness and Dance™ was created as department of TSC to cater for the growing demand for the performing arts and healthy lifestyle activities that fall outside traditional sports. TSC Fitness and Dance™ has Dancers, Fitness instructors, Personal trainers, Gymnasts, Chair based exercise workers and a range of other professional instructors.



Total Sports Coaching™ gained OFSTED registration in 2009, demonstrating its commitment to ensuring best quality and best practice is delivered to education partners. This external regulation helps TSC to understand the demands faced by schools and education professionals and of the standards which children should be able to expect from all practitioners.

1st4sport Qualifications

Total Sports Coaching™ is an accredited centre for 1st4Sport Qualifications, the nationally recognised body that works with the governing bodies of various sports in the UK to educate and qualify a coaching workforce.



Total Sports Coaching™ is an accredited centre for Sports Leaders™, a nationally recognised sports coaching qualification body on the national qualifications framework delivering a variety of sports (and other) coaching courses for leaders from as young as 9 years.



Total Sports Coaching™ recognises the need for a cultural change in society's attitude to physical activity, and as a change4life partner works along side other stakeholders to encourage and develop a wider understanding of a healthy lifestyle.



QISS - Quality in Study Support is a government kitemark for all activities which take place in schools but outside the normal school day.

Partner Schools

We are more than happy for you to ask any of the schools we work in about our services, and invite you to visit our website at www.totalsportscoaching.co.uk for a list of schools and activities we are currently running across the region.

For further information about Total Sports Coaching or any of our services, please contact:

Call: 01133226115

Email: admin@totalsportscoaching.co.uk

or visit us online at www.totalsportscoaching.co.uk